



HIGH
SCHOOL

COUNSELING corner



ecampus
PEORIA VIRTUAL SCHOOL K-12



December 2022

THIS MONTH


12.10 | HUMAN RIGHTS DAY
12.18 - 12.26 | HANUKKAH
12.19 & 12.20 | FINAL EXAMS
12.22 - 1.8 | WINTER BREAK
12.25 | CHRISTMAS DAY
12.26 | KWANZAA BEGINS

Links to Love

[eCampus Website](#)
[eCampus Counseling Page](#)
[Mental Health Resources](#)
[PUSD Homepage](#)



a note from your counselor

Happy Holidays, eCampus families! It is hard to believe the school year is nearly half over! As we are chugging right along through the year, I continue to be impressed with our students and their work ethics. Independent learning can be a real challenge and our students are doing it well, leading the charge and giving us the data to show it can be done! Yay! 

CONTACT INFO

Mrs. Allison Salari
School Counselor
623-412-5340
ASalari@pusd11.net



[Book a Teams Meeting](#)

final exams



All eCampus high school classes have a final exam to be taken 12/19 or 12/20! Follow the steps below to make sure you are ready to take your exams.

1. Follow [this link](#) to schedule your exams - Schedule one slot for each exam you need to take. You will be able to choose order in which you take your exams.
2. [Email Mrs. Salari](#) if you have testing accommodations in your IEP or 504 plan.
3. Plan your transportation to [Peoria High School](#) for testing days!
4. Make sure you bring a picture ID with you on your scheduled testing day(s).
5. Get a good nights sleep and eat a good breakfast the day of testing!



GET READY SPRING TESTING

A VERY exciting about Spring Semester is standardized testing! Exciting may be a stretch, BUT, it is a time to get to be together in person and check off these very important educational milestones. Here is initial information about Spring Testing:

9th graders - ACT Aspire

11th graders - ACT Test

AZSci Assessment

If you are a Junior who would be interested in ACT Prep, [email Mrs. Salari](#)! If enough students express interest, we will have an ACT Prep workshop!

December

Universal Human Rights Month

"Where, after all, do universal human rights begin? In small places, close to home – so close and so small they they cannot be seen on any maps of the world. Unless these rights have meaning there, they have little meaning anywhere. Without concerted citizen action to uphold them close to home, we shall look in vain for progress in the larger world."

-Eleanor Roosevelt



Advocating human rights can be as simple as kindness and empathy for others. Now as much as ever, it is our job as humans to care for one another and step up for others and show kindness. Here are some practical things we can all do to promote human rights:

1. Take the time to learn about other cultures in effort to increase empathy and awareness.
2. Participate in the UN's Human Rights Campaign by sharing [#StandUp4HumanRights](#) on social media to promote equal dignity and rights for all. Learn more about this campaign [here](#).
3. Get involved! Donate money, time, or online advocacy to an organization that promotes human rights. [Here is a list](#) of several local Arizona organizations that advocate various causes pertaining to human rights.
4. Make a commitment to kindness to strangers. Check out this [Kindness Calendar](#) for ideas!